



DOSING

Start dose of 1/8 to 1 full troche.

Maximum daily dose: 4 troches unless otherwise directed by your healthcare physician.

If troche is swallowed, the dose may need to increase for desired effect.

**Tro+ Calm is typically non-sedating*

DELIVERY MECHANISM

The Buccal Troche: a small lozenge that dissolves between the upper cheek and gums. In contrast to a tablet or capsule, the ingredients are directly absorbed into the cheek mucosa for a more reliable and rapid onset of action, typically between 15 and 20 minutes.

The troches are scored so that you can calibrate your own dose.

Although Tro+ Calm works best as a buccal troche, it can be swallowed on an empty stomach as well.

PRACTITIONER ONLY

TRO+ | CALM TX

P L U S

INGREDIENTS

Kavain 15 mg

Nicotinic Acid 25 mg

Agarin 1 mg

Inactive Ingredients: Techna 20 SF®

Troche Base, Bitter-Bloc™, Stevia, Citric Acid, Luo Han Gao, Natural Orange Flavor, Natural Orange Color

INDICATIONS

Extra strength formula calibrated for:

- Decreasing anxiousness and stress
- Intrusive thoughts
- Peri-procedure relaxation
- Performance anxiety
- Generalized restlessness
- Performance enhancement under stressful situations

DURATION OF EFFECT

6 to 8 hours.

INTERACTIONS

- Do not combine with other GABAergic drugs unless under the supervision of a healthcare practitioner
- Do not use alcohol with Tro Calm

CONTRAINDICATIONS

- Pregnant or breastfeeding
- Hepatic or renal impairment
- Operating any heavy machinery