

INGREDIENTS

Methylene Blue (USP) 16 mg

Inactive Ingredients

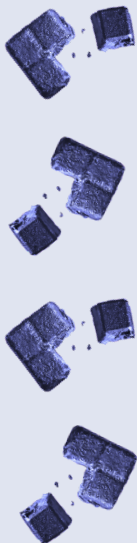
PEG, silica, Bitter-Bloc™, Luo Han extract, stevia extract, peppermint

DELIVERY MECHANISM

The Buccal Troche: a small lozenge that dissolves between the upper cheek and gums. In contrast to a tablet or capsule, the ingredients are directly absorbed into the cheek mucosa for a more reliable and rapid onset of action, typically between 15 and 20 minutes.

The troches are scored so that you can calibrate your own dose.

Just Blue can also be swallowed due to high bioavailability. If swallowed, it is best taken on an empty stomach for optimal absorption.



DOSING

Start dose of 1/4 to 1/2 troche!

Maximum daily dose: 4 troches per day

INDICATIONS

Calibrated formula for:

- High definition focus
- Subtle yet sustained energy lift
- Improvements in endurance
- Deeper meditations
- Improvements in sleep
- Immune system support
- Neuroprotection
- Mood boosting
- Jet lag prevention

INTERACTIONS

- SSRI and SNRI medications (at our dosing, any interaction would be rare and many clinicians are using our MB with these drugs under very close supervision)

CONTRAINDICATIONS

- Pregnant or breastfeeding
- Hepatic or renal impairment
- Any known sensitivity to methylene blue or thiazine dyes



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