



## INGREDIENTS

|                      |       |                                                        |
|----------------------|-------|--------------------------------------------------------|
| Methylene Blue (USP) | 5 mg  | <b>Inactive Ingredients</b>                            |
| Nicotine (USP)       | 1 mg  | PEG, silica, Bitter-Bloc™, Luo Han, stevia, peppermint |
| Caffeine (USP)       | 50 mg |                                                        |
| CBD                  | 5 mg  |                                                        |

## DELIVERY MECHANISM



**The Buccal Troche:** a small lozenge that dissolves between the upper cheek and gums. In contrast to a tablet or capsule, the ingredients are directly absorbed into the cheek mucosa for a more reliable and rapid onset of action, typically between 15 and 20 minutes.

The troches are scored so that you can calibrate your own dose.

Although Blue Cannatine works best as a buccal troche, it can be swallowed on an empty stomach as well.

## DOSING

Start dose of 1/4 to 1/2 troche!

**Maximum daily dose:** 4 troches per day

If troche is swallowed, the dose may need to increase for desired effect.

## INDICATIONS

**Calibrated formula for:**

- Focus
- Productivity
- Verbal Fluidity
- Crush Jet Lag
- Exercise Performance
- Balance/Coordination

## INTERACTIONS

- SSRI and SNRI medications
- Stimulant medications

## CONTRAINDICATIONS

- Pregnant or breastfeeding
- Hepatic or renal impairment
- Not fit to take stimulants (severe cardiopulmonary disease)
- Any known sensitivity to methylene blue or thiazine dyes, nicotine, caffeine, or CBD



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